

## Home Safety - 5 Tips

**Accidents can happen easily. Especially if you live alone or are elderly, it's important to keep your home safe and comfortable. In this blog post, we share simple tips to prevent falls, burglaries, and fires.**

### ✔ Fall Prevention

Remove loose rugs or use non-slip mats.

Install grab bars in the bathroom and toilet.

Ensure good lighting, even at night.

### ✔ Burglary Prevention

Lock doors properly, even during the day.

Always check who's ringing the doorbell first.

Use a doorbell lock or door chain.

Consider an alarm system.

### ✔ Fire Safety

Install smoke detectors and test them regularly.

Don't leave appliances running when you're away.

Don't smoke in bed or near curtains.

### ✔ Be Prepared

Always keep your phone nearby.

Display important phone numbers in a visible place.

Consider a personal alarm or emergency call system.

### ✔ Have your home inspected

Ask acquaintances or neighbors to check in with you occasionally. Together we're stronger.